## Sister Projects Cluster (SC5-14-2019)

## SC5-14-2019 Visionary and integrated solutions to improve well-being and health in cities: Clustering Activities

Joint Manifesto

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**Evidence-based** Scientific evidence (e.g. participatory methods; use of advanced sensor technologies) should guide actions.

Future looking Proactive approach that put the basis to address the future needs of citizens, considering



Proactive approach that put the basis to address the future needs of citizens, considering actual and potentially emerging threats.



**Engaged** 

Actions should be co-created, codesigned, co-executed and co-

evaluated with all stakeholders

included those traditionally



Creative

ecosystems aiming for Nature +

Imaginative, innovative and disruptive with new paradigms for the people and policy. and their environments. **Biodiverse** Connected Ensuring biodiversity is protected, enhanced and restored to optimise Working with nature, for nature, for people in a cohesive way that enriches



Actions should be co-created, codesigned, co-executed and co-evaluated with all stakeholders

> **Healthy** Dedicated approach to promote health, mental health and well-being, not simply the reduction of disease.



Forthcoming activities from 'Sister projects cluster':

☐ a common deliverable "Gender Inclusion and **Diversity Policy Context**"



☐ a common deliverable "Indicators", from Front Runner-FR cities pilot areas in Sister projects case studies



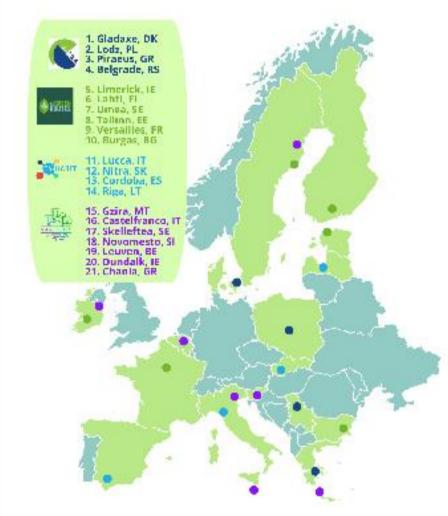
Common Dissemination Activities and Research **Outcomes** Task Forces Cluster meeting

#### **OBJECTIVES**

The following is a joint manifesto from four sister projects which calls on European cities to launch initiatives that offer visionary and integrated solutions at the intersection of social, cultural, digital and nature-based solutions (NBS) to increase the health and well-being of citizens. We are funded under the call SC5-14-2019 to address the challenge in an ambitious way and we commenced our innovation actions in September 2020 running for between 4 and 5 years.

IN-HABIT, VARCITIES, euPOLIS and GoGreenRoutes, are committed to achieving a series of bespoke visionary solutions to promote health and well-being in urban conurbations, by establishing sustainable and inclusive models for increasing the health and well-being of citizens exposed to different climatic conditions and societal challenges. Our projects working across almost two dozen urban conurbations in Europe with links to urban centres beyond work with a total of nearly five million citizens.







### I. NATURE-BASED SOLUTIONS II. HEALTHY AND SUSTAINABLE **URBAN AREAS** III. CULTURE & ARTS



IV. GENDER, INCLUSION & DIVERSITY V. DIGITAL INNOVATION **ENDORSEMENT** 

- We the undersigned commit to:
- Reaffirm the collective commitment to respect the right of all people to attain the highest levels of well-being and physical and mental health.
- Demonstrate how the integration of social, cultural, digital and nature-based solutions into urban design and planning might reduce health-related environmental burdens in socially deprived neighbourhoods, foster equitable access for all to public spaces, enhance their quality and use and promote sustainable urban mobility patterns.
- Underline the need for strong political commitments to ensure the access to health and wellbeing, especially among the most disadvantaged and vulnerable groups and the importance of considering gender, diversity, inclusion and equity aspects, to ensure that no one is left behind.
- Emphasise the need to implement measures to protect, conserve, sustainably use and restore public spaces, and to ensure cities' sustainability and resilience and the contribution of public spaces to health and wellbeing.
- · Meet the needs for strong public, private and citizen's commitments to increase health and wellbeing by achieving greenhouse gas emission neutrality/carbon neutrality by 2050, sustainable mobility and preservation of biodiversity, considering the latest scientific developments and the local circumstances.
- Prioitise the importance of revitalising green, social and health infrastructure investment in a sustainable, inclusive, accessible, and affordable way.

Signed by













