



Integrated NBS-based Urban Planning Methodology
for Enhancing the Health and Well-being of Citizens

D8.4

Report on Capacity Building (version 1)

WP8 – Evaluation of the euPOLIS solutions, Training and Capacity Building





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Executive Summary

This report is the first version of the “Report on Capacity Building” and comprises the euPOLIS deliverable D8.4. The scope of this deliverable is to provide an outline on how the first capacity building expert training event was organized and implemented so as to provide training to a number of experts from the Front-Runner (FR), Follower (FL) and other cities on aspects that pertain to the euPOLIS urban planning methodology and the pertinent developed tools. In particular, this first expert training event was focused on spreading the euPOLIS urban development vision across a spectrum of experts and illustrating how this vision could be translated into tangible urban plans via utilizing the euPOLIS indicator-based methodology and the Nature-Based Solution (NBS) preliminary selection tool. The report summarizes mainly how the expert registration process was undertaken and monitored, how the hybrid event (offered as an in-person workshop in Gladsaxe, Denmark and as an online event via a communication platform) was disseminated, organized and eventually implemented as well as how the feedback from the expert participants was collected and analyzed for yielding useful outcomes that could be utilized in the design and organization of the second training event.

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List of Acronyms / Abbreviations

Table 1. euPOLIS partner short names used in this deliverable

Short name	Full name
AMPHI	Amphi International ApS
CDP Europe	CDP Worldwide (Europe) GmbH
FCEBG	Faculty of Civil Engineering, University of Belgrade
ICL	Imperial College London
MIKSER	Mikser Association
NTUA	National Technical University of Athens
RG	Resilience Guard GmbH

Table 2. Abbreviations

Acronym	Explanation
FL	Follower
FR	Front-Runner
GA	Grant Agreement
NBS	Nature Based Solutions
Q&A	Questions and Answers
WP	Work Package

1 Introduction

1.1 Document Scope

Deliverable D8.4 (version 1), namely “Report on Capacity Building” was produced in the context of the euPOLIS WP8 and in particular Task 8.4 – Capacity Building. Task 8.4 is about providing training to the city experts in order to enhance their understanding on aspects that are relevant to the NBS-driven sustainable development and on how the latter could contribute towards overcoming several emerging issues that are faced by contemporary cities. The main scope of D8.4 is to summarize the design, planning, implementation and outcomes of the first euPOLIS capacity building expert training event, that took place in Gladsaxe as a hybrid workshop. Given its successful implementation, this document could also serve as a roadmap for designing and consequently implementing the second capacity building expert training event that is scheduled to take place close to the project completion.

1.2 Document Organization

The present document, is organized into three Chapters to facilitate search, reference and further analysis as required.

Chapter 1 outlines the scope of this deliverable and describes the structure of the manuscript.

Chapter 2 outlines how the first series of the expert training event was designed, organized, implemented and monitored.

Chapter 3 summarizes the conclusion of the first expert training event and sets the roadmap for the organization and implementation of the second capacity building training event.

2 First capacity building expert training event

The first round of capacity building actions, that were undertaken between M24 and M36 of the euPOLIS project in order to disseminate the euPOLIS technologies and urban planning methodologies, mainly across the community of pertinent experts from the Front-Runner (FR) and Follower (FL) cities, was outlined in this section. On account that the euPOLIS project has already produced important knowledge that could potentially contribute in advancing the current state-of-the-art in sustainable urban planning via Nature-Based Solutions (NBS), there is an emerging need for disseminating those developments / innovations / tools across the community of relevant experts and stakeholders and eventually persuade but also train them to select and implement them in future urban design projects.

To this end, the first one of the foreseen training events was scheduled to take place in Gladsaxe on May 4th, 2023 (i.e., in the last day of the euPOLIS 5th plenary meeting). The training event was organized by RG, in close collaboration with CDP as well as the engagement of MIKSER for preparing the workshop dissemination material and the needed online forms (registration and survey). The training workshop was offered as a hybrid one, to enable expert participants from across all FR and FL cities, but also from outside the euPOLIS consortium, to attend and take advantage of it. In particular, the training workshop took place in the city of Gladsaxe, Denmark and was also broadcasted online to allow for remote participation. The targeted audience for this workshop included, among others, municipality experts that are involved in urban planning, experts involved in urban policy/regulation making and standardization, architects, engineers, city and governmental authorities, etc. Overall, the threefold scope that was set for the workshop was to:

- (a) Raise awareness about the euPOLIS urban planning vision;
- (b) Provide training on the euPOLIS tools and urban planning methodologies (in particular the euPOLIS indicator framework and the NBS preliminary selection online tool);
- (c) Provide evidence that the knowledge/tools produced by the euPOLIS project can be exploited in actual urban planning projects/applications.

The first announcement of the training event to the euPOLIS representatives and city supporting partners took place on January 10th, 2023 via email. This email informed the relevant partners about the scope of this event, the nature and the date of the event, the targeted audience, the tentative workshop program, and the actions that need to be taken from their side. A follow-up email was sent on January 30th, 2023 (second announcement of the workshop) that contained (a) the invitation for the training event (see Figure 1) which the city partners should distribute across their network of internal and external experts, (b) information about how the expert participants may be registered to the event and (c) a reminder that the event should be disseminated across their networks to the extent possible and that its outcomes, as per the requirements of the euPOLIS Grant Agreement (GA), will be monitored after the event. On January 31st, 2023 the city representatives and supporting partners also received via email a poster (see Figure 2) for the event, with encouragement to print it and hang it in a visible place in their organization or elsewhere.

At the same time, the event was advertised on the euPOLIS social media. In particular, a relevant post was created and posted in the euPOLIS LinkedIn account (see Figure 3). Further to the above, an article with all necessary information about the forthcoming workshop was published both on the euPOLIS and the Gladsaxe Municipality webpages (see Figure 4). Apart from the basic information regarding the scope of the event, the registration form was also integrated in the euPOLIS web article (see Figure 5). In addition to this, the event announcement was directly distributed to 125 subscribers via the 4th euPOLIS Newsletter, that was released on March 2nd, with the online registration form integrated. In

the registration form, the interested experts were asked to provide basic information about themselves (i.e., their full name), their professional background, define how they are planning to attend the workshop (i.e., online or in person) and a contact email. The latter was used only for sharing basic information prior to the workshop, sending the link for joining the meeting online and finally distributing an online survey form for collecting participants’ input/feedback after the event. The use of personal data (full name, email) was solely used for serving the scope of this event (communication prior to the event for providing basic information and after the event for collecting feedback) and will not be shared with anyone outside the euPOLIS consortium nor it will be used for other purposes other than those for which they were initially collected. The registered experts were also given the option to register without providing their full name, yet the provision of an email was necessary.

CAPACITY BUILDING EXPERT TRAINING
Hybrid event

euPOLIS Technologies and Urban Planning Methodologies

SPEAKERS:
Dr. Stanislava Bošković, Imperial College London
 "Our euPOLIS methodology – setting the scene"
Dr. Anja Randelović, University of Belgrade
 "Evaluating NBS – euPOLIS indicator framework"
Sandra Baki, National Technical University of Athens
 "Selecting NBS – the euPOLIS NBS preliminary selection tool"
Alfred Figueras, Amphi International ApS
 "Implementing NBS – the euPOLIS case study for Gladsaxe, Denmark"

May 4th 2023, Gladsaxe 12:45 – 14:45 (CET)

*Please note that the language of the training event will be English.

More information and registration form here.

Figure 1. Invitation prepared by MIKSER for disseminating the 1st capacity building expert training event across the internal and external network of the FR and FL cities

CAPACITY BUILDING EXPERT TRAINING
Hybrid event

euPOLIS Offered Technologies and Urban Planning Methodologies

SPEAKERS:
Dr. Stanislava Bošković
 Research Associate at Imperial College London, UK
Dr. Anja Randelović
 Assistant Professor at University of Belgrade, Serbia
Sandra Baki
 Senior Researcher at National Technical University of Athens, Greece
Alfred Figueras
 Project Manager/Biologist at Amphi International ApS, Denmark

May 4th 2023, Gladsaxe / 12:45 – 14:45 (CET)

*Please note that the language of the training event will be English.

REGISTER ONLINE

Figure 2. Poster for the 1st capacity building expert training event prepared by MIKSER



Figure 3. LinkedIn post for disseminating in euPOLIS social media the 1st capacity building expert training event

The link to the euPOLIS web post for registering to the event is the following:

<https://eupolis-project.eu/2023/01/25/the-first-eupolis-capacity-building-expert-training/>

In the online registration form, the expert participants were asked to provide the following information / data:

1. Format of attendance
 - i. In Person (Gladsaxe)
 - ii. Online
2. Participant's full name
3. Participant's field of expertise:
 - i. Urban Planning
 - ii. Architecture
 - iii. Engineering
 - iv. Water quality/treatment
 - v. Environment/Biodiversity
 - vi. Local/National government
 - vii. Academia
 - viii. EU policy
 - ix. NGO/Civil society
 - x. Other
4. City
5. Contact email (will be used solely for the event preparation and evaluation purposes)

The First euPOLIS Capacity Building Expert Training

January 25, 2023 CITIES, EUPOLIS PEOPLE, GLADSAXE

The first euPOLIS Capacity Building expert training actions at the demonstration sites will take place in Gladsaxe, Denmark on the 4th of May 2023, from 12:45-14:45.

We are happy to invite all four pilot (Gladsaxe, Lodz, Belgrade, and Piraeus) and follower (Bogota, Trebinje, and Palermo) city representatives and experts of various profiles, vital for the innovative, inclusive, sustainable, and healthy future-oriented urban planning: architects, urbanists, engineers, urban water quality and management experts, climatologists, biologists, etc, and of course the academic community, to use this opportunity to get updated and receive a experts' training on implementing the urban planning solutions based on nature.

Other than our pilot and follower cities's experts, experts from all around Europe, as well as other NBS projects partners can benefit from this training. The euPOLIS team will gladly share the knowledge and expertise with other, committed colleagues.

The training workshop will be carried out as a **hybrid event: in Gladsaxe** (GPV – Værebrovej 156C, 2880 Bagsværd, Denmark), but will also be **broadcasted online** to allow for remote participation.

Figure 4. Announcement of the event in the euPOLIS website on January 25th, 2023

With regards to the training event speakers, four euPOLIS experts were initially selected to present the euPOLIS vision and some of the innovative tools that were produced so far within the context of the euPOLIS project for enabling the regeneration of the current-state-of-practice in NBS-driven urban design and development. In particular the following experts agreed to provide the following talks/training in a 2-hour capacity building workshop:

- Dr. Stanislava Boskovic, Research Associate at Imperial College London, UK: “Our euPOLIS methodology – setting the scene”
- Dr. Anja Randelović, Assistant Professor at University of Belgrade, Serbia: “Evaluating NBS – euPOLIS indicator framework”
- Sandra Baki, Senior Researcher at National Technical University of Athens, Greece: “Selecting NBS – the euPOLIS NBS preliminary selection tool”
- Alfred Figueras Anton, Project Manager/Biologist at Amphi International ApS, Denmark: “Implementing NBS – the euPOLIS case study for Gladsaxe, Denmark”

The content of the talks was jointly agreed between the organizing team (i.e., RG and CDP Europe) and the trainers, so as to form a meaningful workshop. Hence, it was agreed that initially an overview of the euPOLIS NBS-driven holistic urban planning approach would be offered to the experts and then the trainees would be introduced to the euPOLIS indicator-based multi-dimensional framework. Next, the NBS urban regeneration of the euPOLIS case study pilot site in Gladsaxe would be presented and finally, the experts would be trained on how the first version of the euPOLIS NBS preliminary selection online tool could be utilized for undertaking a first-order problem severity/NBS efficiency informed selection of NBS for a particular urban site. It should be noted that the scope of this first training event was mainly to introduce the experts, both from outside and inside the project consortium, to the euPOLIS urban planning approach and urban planning tools and not to discuss all sorts of details that are involved in the process. The ultimate goal was to demonstrate that the euPOLIS approach is not restricted to the realm of theory, but could be implemented in actual urban regeneration projects to produce tangible results.

The euPOLIS Capacity Building Expert Training

The first euPOLIS Capacity Building expert training actions at the demonstration sites will take place in Gladsaxe, Denmark on the 4th of May 2023, from 12:45-14:45.

We are happy to invite all four pilot cities representatives and experts of various profiles, vital for the innovative, inclusive, sustainable, and healthy future-oriented urban planning: architects, urbanists, engineers, urban water quality and management experts, climatologists, biologists, etc, and of course the academic community, to use this opportunity to get updated and receive an experts' training on implementing the urban planning solutions based on nature.

The training workshop will be carried out as a **hybrid event: in Gladsaxe** at the stated venue, but will also be **broadcasted online** to allow for remote participation. Those who opt for an online participation, will timely be given a link to the online session.

Event Address: GPV - Værebrovej 156C, 2880 Bagsværd, Denmark, 12:45- 14:45 PM
Contact us at eupolisproject@gmail.com

*All your information given below will be used exclusively for the euPOLIS project purposes, and will not be shared with any third parties.

Figure 5. Extract from the online registration form available as the euPOLIS website

2.1 Monitoring of the registration process and dissemination actions

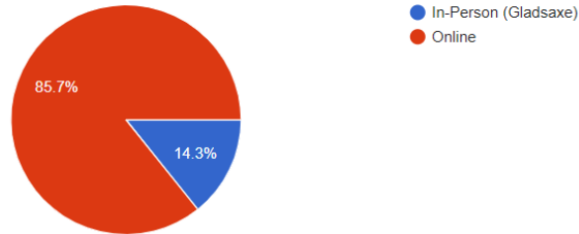
Upon the request of RG and CDP Europe, MIKSER provided regular updates on the number of registered expert participants, in order to monitor the whole process and, if needed, to take corrective actions (e.g., contact city representatives and supporting partners and ask them to intensify the dissemination actions for the training event). On February 13th, 2023 MIKSER provided the statistics that are presented in Figure 6 regarding the progress of the registration process. According to those statistics, about two weeks after the registration opening and the official notification of the FR and FL cities, 14 experts were registered for the training workshop. Out of those experts, 12 were planning to attend the event online and 2 were planning to attend the event on-site. The majority of the registered participants at that time (6 in total) were coming from the FL city of Bogota. Given that this monitoring reflected the registration status at a time instance that was very close to the initial official announcement of the capacity building event (and it was also approximately two and a half months away from the actual workshop) no additional action was undertaken.

During the second half of February and March 2023 the event was disseminated further in euPOLIS social media and communication channels of euPOLIS “sister projects” (see Figure 7), as well through targeted emails to the FR and FL city representatives. Several euPOLIS partners also responded to the organizers' request for intensifying their dissemination actions via creating their own posts, printing the event posters and hanging them in visible places. Figure 8 illustrates some of these actions taken by the FL cities.

Supplementary to the abovementioned actions, MIKSER created dedicated LinkedIn posts for each one of the four trainers of the event (offering a short bio) to introduce them to the public. Those posts were disseminated in the euPOLIS social media during April (one post per week). Figure 9 illustrates how those posts appeared in the euPOLIS LinkedIn homepage.

How will you attend?

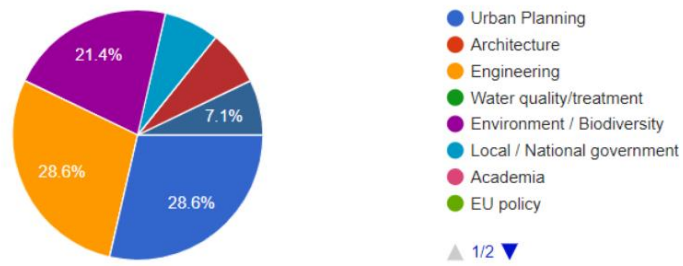
14 responses



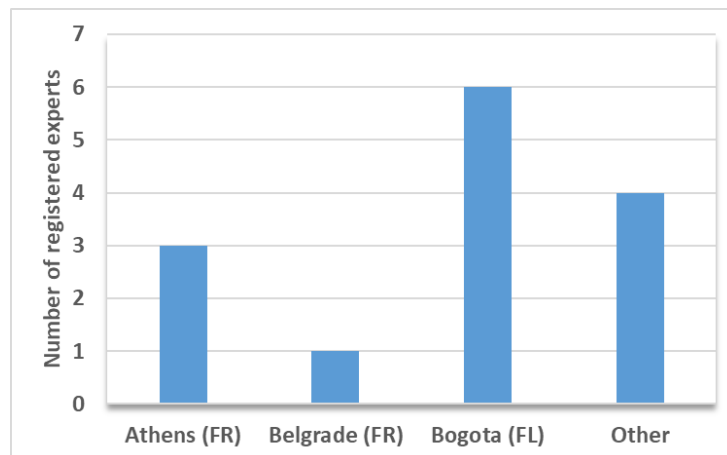
(a)

My Field Is:

14 responses



(b)



(c)

Figure 6. Registered participants to the expert training event as of February 13th, 2023. (a) % of participants attending the workshop in person and online, (b) % of participants from each professional sector and (c) number of registered participants from the FR/FL and other cities.



Figure 7. LinkedIn post of the training event in the HEART Horizon 2020 project page (posted on 20-02-2023)

Following the aforementioned dissemination actions, on April 5th, 2023 the registration process was monitored again. At that time, a total of 155 participants were registered to attend the event, of which a total of 40 were registered for in person attendance. Figure 10 illustrates indicative statistics for the number of experts that were registered for attending the event either online or in person from the 4 FR cities, the 4 FL cities and from other cities. A couple of days later, the in person participation option was deactivated due to almost reaching the capacity of the room where the training would be held. The online participation option remained active and was only deactivated at the end of April. At that time a total of 189 participants were registered for attending the workshop, of which 43 were registered to attend the training in person. Figure 11 illustrates how the total registered participants (i.e., the 189) span across the different professional sectors.

2.2 Expert hybrid training event

The first euPOLIS training event took place in Gladsaxe on May 4th, 2023. The event was offered as a hybrid one. A total of 33 experts attended the event in person whereas a total of approximately 60 experts attended the training event online. A link was provided to the online participants via email to join the event on the Microsoft Teams platform. Figure 12 provides an overview of the meeting room during the training workshop, whereas Figure 13 shows how the event was broadcasted by the online platform. The actual duration of the event was approximately two hours, as was initially planned. The training involved four presentations from the euPOLIS experts as well as a round table session for Q&A that was moderated by CDP Europe.



(a)



(b)



(c)



(d)

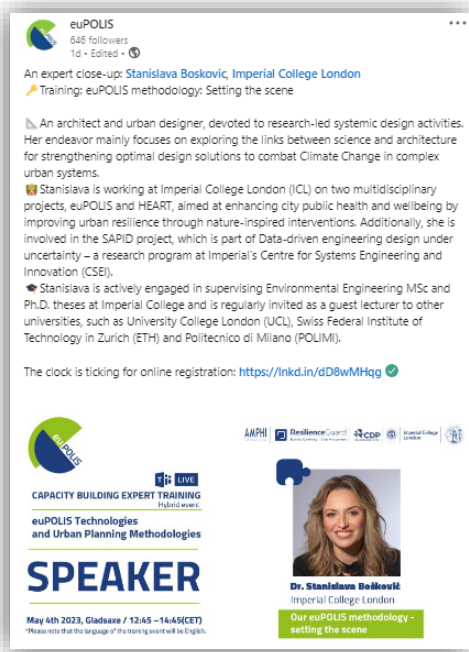
Figure 8. Indicative dissemination actions for the first euPOLIS expert training event taken by the FL cities of (a) Bogota, (b) Palermo, (c) Trebinje and (d) Limassol

Following the completion of the training event, the recording of the meeting was uploaded (on May, 12th, 2023) in the euPOLIS Project YouTube channel at the following link:

<https://www.youtube.com/watch?v=B7e51K29Xpg>

to further disseminate its outcomes across a broader audience of interested experts / stakeholders. The aforementioned link was sent to all participants that have attended the event but also to those that have registered but did not manage to attend it. At the submission date of the present deliverable the video has received a total of 105 views.

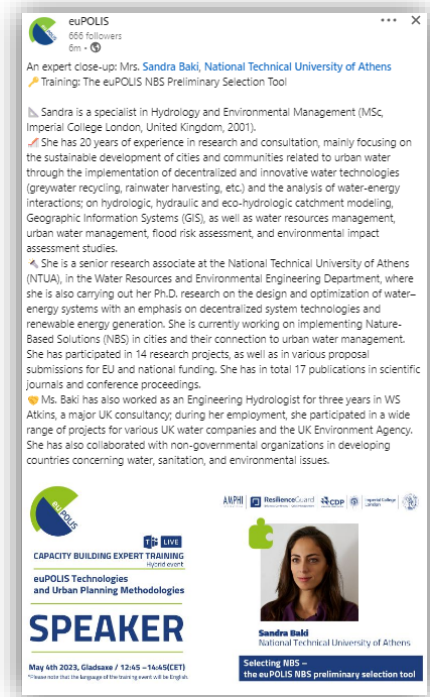
A special report on the Capacity Building Expert Training was also published both at the main news section of the euPOLIS website and the City subpage for Gladsaxe, with the YouTube link incorporated.



(a)



(b)



(c)



(d)

Figure 9. LinkedIn posts for introducing to the public the speakers of the first euPOLIS training event. Posts for (a) Dr. Stanislava Boskovic (ICL); (b) Dr. Anja Randelović (FCEBG); (c) Ms. Sandra Baki (NTUA); (d) Mr. Alfred Figueras (AMPHI)

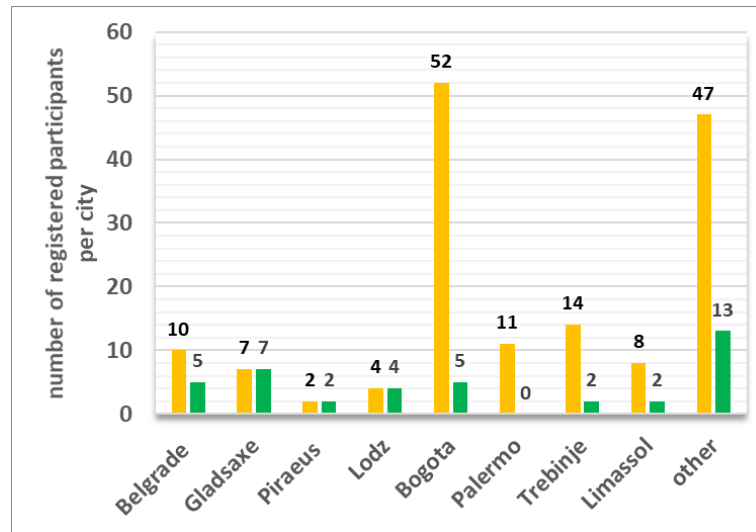


Figure 10. Registered expert participants from the FR, FL and other cities (as of April 5th, 2023). The yellow color denotes the total number of registered experts and the green color those that have registered for in person participation.

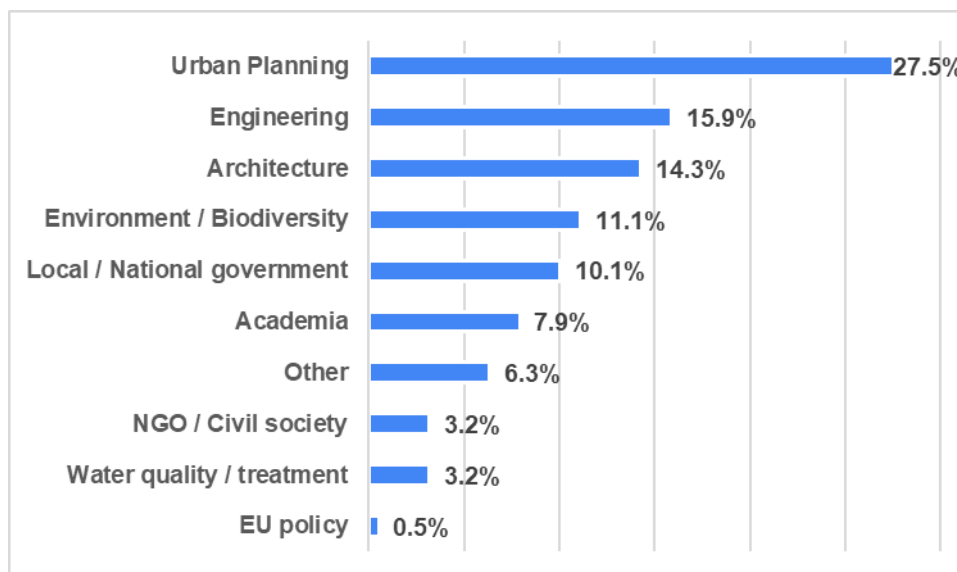


Figure 11. Distribution of the registered expert participants according to their field of expertise



Figure 12. Photo showing the onsite expert trainees in the meeting room (in the Gladsaxe GPV venue) during the expert training event

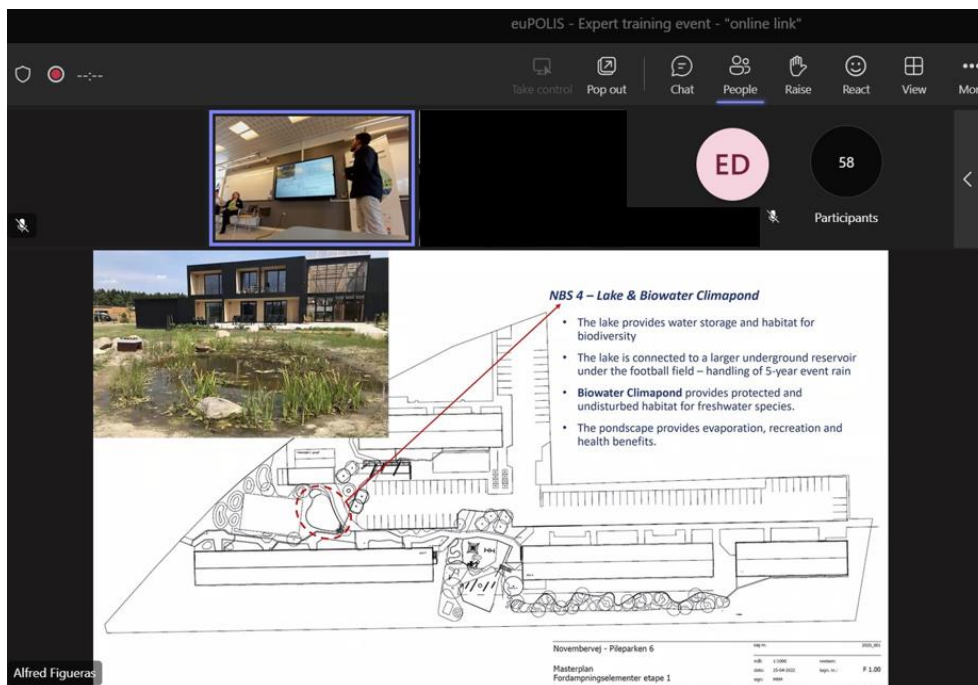


Figure 13. Screenshot from the Microsoft Teams online platform showing how the event was broadcasted as well as the number of online participants at a particular time instance of the event

euPOLIS training on Nature-Based Solutions urban planning methodologies

euPOLIS is a Horizon 2020 research and innovation project that aims to modify contemporary urban planning practices, benefitting public health and wellbeing through the integration of Nature-Based Solutions (NBS) in cities. euPOLIS envisions a coherent methodological framework that will explicitly address a multi-dimensional set of urban site problems through the efficiency of NBS. The euPOLIS project aims for the integrated NBS urban planning methodology to be considered in future design standards, quality assurance criteria and guidelines on NBS. **The first euPOLIS Capacity Building expert training**, co-organised by CDP, was held on 4th May 2023.

Figure 14. Text that was included in the CDP CSTAR newsletter to disseminate the euPOLIS project and expert training event across CDP’s global network of cities

Moreover, CPD Europe disseminated the expert training event across its global network of cities, by adding a relevant post in the CDP CSTAR newsletter, mentioning the euPOLIS project, including a link to the event recording (see Figure 14).

2.3 Feedback from the expert participants following the event

As per the GA requirement, feedback was requested from the experts who attended the training event either in person or online. To accomplish this task a questionnaire was prepared by RG and CDP Europe and was converted into a google form by MIKSER (see Figures 15 and 16). The link to the online form was sent to all participants via email on May 12th, 2023. Table 3, summarizes the input that was requested by the experts. No personal or any other identification data (email, names etc.) was collected from the participants that provided their feedback.



The screenshot shows the landing page of a Google Form titled "CAPACITY BUILDING EXPERT TRAINING Participants Feedback". The page features the euPOLIS logo on the left and a graphic of four interlocking puzzle pieces on the right. Below the title, there are logos for AMPHI, ResilienceGuard, CDP, and Imperial College London. The main heading is "The First euPOLIS Expert Training Feedback". The text of the form reads: "Dear Expert," followed by "Thank you for attending the 1st euPOLIS Expert Training Event. We kindly ask you to provide your feedback on this training event. It will take no more than 10 minutes to complete the survey. Please note that your input will be treated anonymously." and ends with "Thank you for your cooperation."

Figure 15. Landing page of the online google form that was created to receive the experts feedback following the first training event

How many years of experience do you have in the previously defined field? *

less than 5 years

more than 5 years but less than 10 years

more than 10 years but less than 15 years

more than 15 years

Overall, how would you rate this training event? *

Excellent

Very Good

Good

Fair

Poor

Figure 16. Indicative input that was requested from the experts that have received the training via the feedback google form following event

Table 3. Feedback requested from the experts who attended the first expert training event.

Answers to questions marked with a * are compulsory

Questions	Answers / Options
Did you attend the training event in person or online?	a) In person b) Online
What best describes your field of expertise/occupation?*	a) Urban Planning b) Architecture c) Engineering d) Water quality/treatment e) Environment / Biodiversity f) Local / National government g) Academia h) EU policy i) NGO / Civil society j) Other: Please specify
How many years of experience do you have in the previously defined field?*	a) less than 5 years b) more than 5 years but less than 10 years c) more than 10 years but less than 15 years d) more than 15 years
Overall, how would you rate this training event?*	a) Excellent b) Very Good c) Good d) Fair e) Poor

Questions	Answers / Options
<ul style="list-style-type: none"> • The objectives of the training event were clearly defined.* • I enhanced my knowledge on Nature-Based Solutions (NBS).* • I enhanced my knowledge on NBS-driven urban development.* • I understood the principles of the presented euPOLIS methodology/tools.* • I understood the benefits from implementing the euPOLIS vision/tools in practical NBS urban upscaling projects.* • I see the potential of the euPOLIS approach being implemented in actual urban upscaling projects. * • The topics covered were relevant to my work.* • The time allotted for the training event was sufficient.* 	a) Strongly agree b) Somewhat agree c) Neither agree nor disagree d) Somewhat disagree e) Strongly disagree
How organized was the training event?*	a) Excellently organized b) Well organized c) Somewhat organized d) Not so organized e) Now at all organized
<ul style="list-style-type: none"> • How likely is to support the implementation of euPOLIS vision in your city/organization/company? • How likely are you to recommend a similar training event to a friend/colleague?* 	a) Very likely b) Somewhat likely c) Not sure/Neutral d) Probably not e) Not likely
Did you make any networking connections during the event? (only for those attending the event in person)*	a) Yes b) No
<ul style="list-style-type: none"> • What did you like most about this training event? • What could be improved in similar future training events? • For the second training event are there any topics in the NBS urban development domain for which you want to receive training? • Is there anything else that you would like to share about this training event? 	Open-ended questions

The online survey form remained active for approximately one month. During this period, a reminder email was also sent to the participants for encouraging them to provide their feedback. A total of 27 expert participants responded to the aforementioned request. As can be inferred from Table 4 (see Q1), 59.3% of the respondents were attended the event in person while the remaining 40.7% online. As expected, the participation to the post-event survey of the experts that attended the event in person was higher, yet the participation of the online participants is also considered satisfactory. The expert respondents spanned across a wide spectrum of professional disciplines, with the majority of them related to the Urban Planning sector (something that was anticipated, given that this is also reflected in the registered participants, see Figure 11). Indicatively (see Q2 in Table 4), 22.2% have

specified their field of expertise as being relevant to the Urban Planning sector whereas an additional 18.5% was related to the academic sector. Another 33.3% was equally shared (i.e., 11.1% each) between the Architecture, Local/National Government and Water quality/treatment sectors.

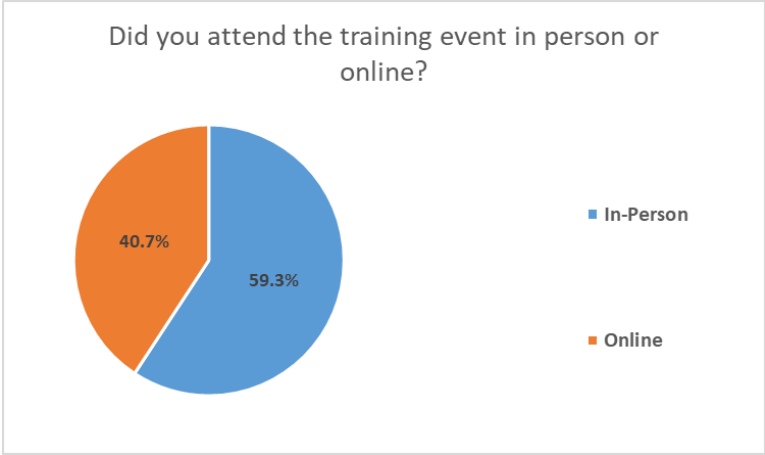
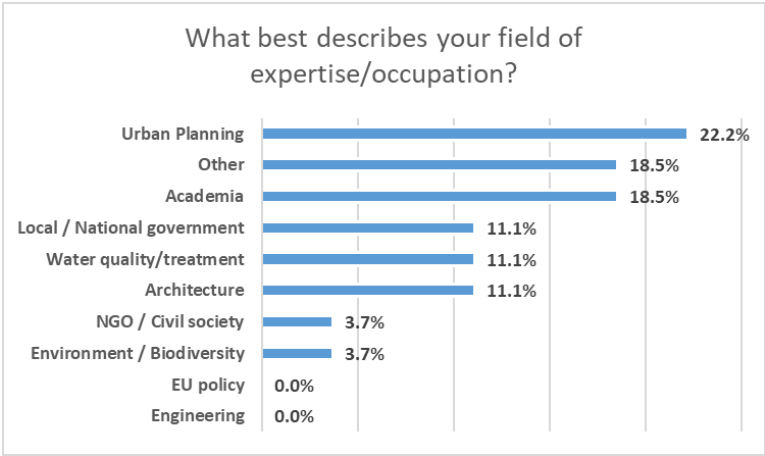
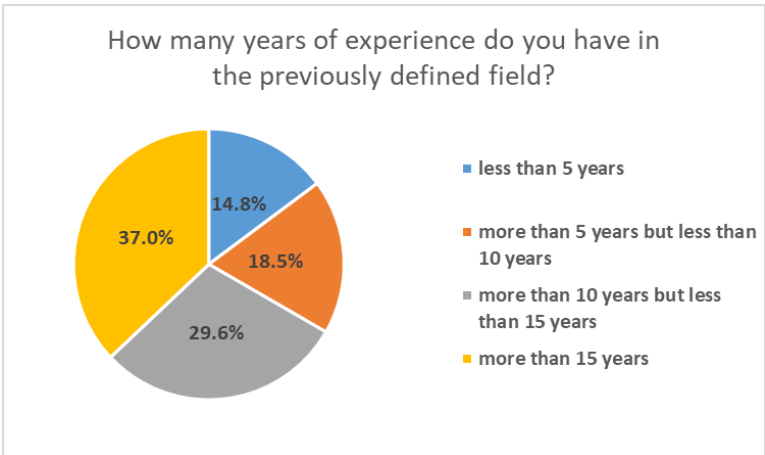
Overall, the level of satisfaction for the training event was high. In particular, 25.9% of the survey respondents rated the event as “Excellent”, another 51.9% as being “Very Good” and a remaining 22.2% as being “Good” (see Q4 in Table 4). A comparable level of satisfaction holds for the clarity of the training event objectives among the survey respondents. In particular, 48.1% “Strongly agree” that the training event objectives were clearly defined, 37% “Somewhat agree” with the abovementioned statement while the remaining percentage is equally shared between the “Neither agree nor disagree” and the “Somewhat disagree” options (see Q5 in Table 4). Furthermore, a total of approximately 85% either “Strongly agree” or “Somewhat agree” that the training enhanced their knowledge on NBS (see Q6 in Table 4) while approximately 81% thinks the same for NBS urban development related-aspects (see Q7 in Table 4).

With regards to euPOLIS-specific aspects, a total of 63% of the survey respondents replied that they “Strongly agree” with the statement “I understood the principles of the presented euPOLIS methodology/tools” (see Q8 in Table 4). In the same ballpark, a total of 66.7% strongly agrees with the statement “I understood the benefits from implementing the euPOLIS vision/tools in practical NBS urban upscaling projects” (see Q9 in Table 4). Those percentages are considered rather satisfactory and clearly reflect that the overall goal of disseminating the project outcomes, developments and vision across a wide audience of experts by means of a short, yet coherent, training workshop was achieved. Maybe even more encouraging is the fact that 59.3% of the survey respondents clearly see (“Strongly agree”) that the euPOLIS approach has a potential of being implemented in actual urban upscaling projects (see Q10 in Table 4). This outcome justifies and decision taken during the design phase of the training to include, even in the first training workshop, an actual euPOLIS case-study (in particular the targeted urban upscaling in the FR city of Gladsaxe) and hence provide the necessary link between theory and practice. Furthermore, 92.6% of the survey respondents found the content of the training event strongly or somewhat relevant to their work (see Q11 in Table 4).

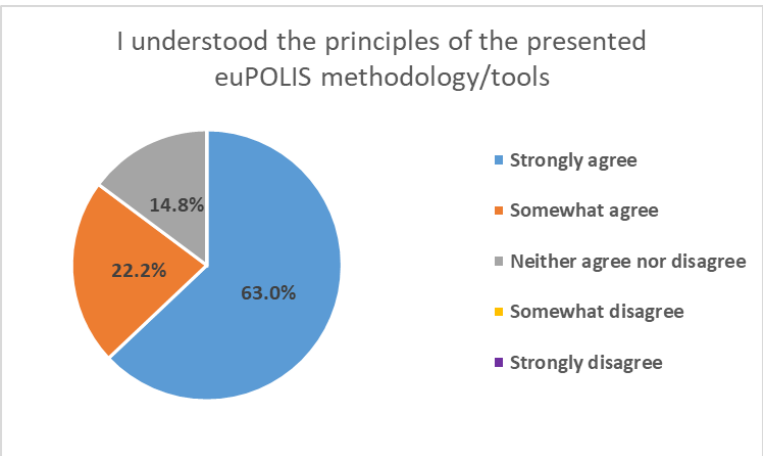
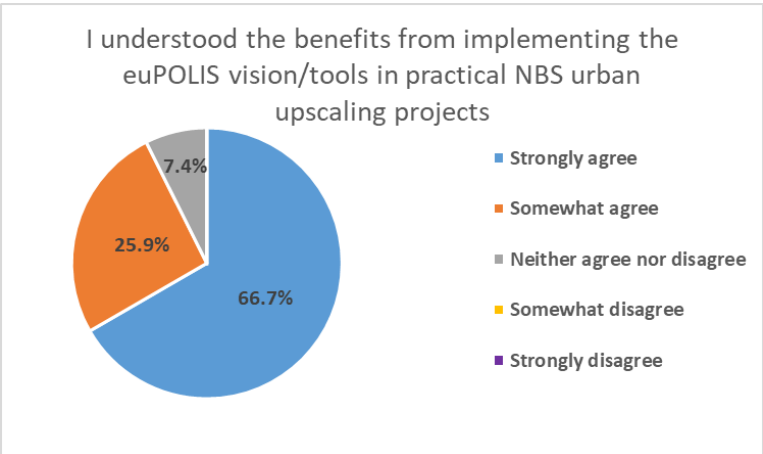
In terms of the training event organization, approximately 85% of those that responded to the survey reported that the duration of the event was sufficient (see Q12 in Table 4) while approximately 93% reported that the event was either excellently or well-organized (see Q13 in Table 4). This positive input was further propagated into the responses received for Q14, where approximately 89% reported that is either “Very likely” or “Somewhat likely” to support the implementation of the euPOLIS vision in their city, organization, or company. Notably also, 68.8% of the survey participants who attended the event in person mentioned that they took advantage of it for networking (see Q15 in Table 4).

The recommendations provided by the survey participants in the open-ended questions (Q16-Q19) will be considered for designing the second expert training event. Overall, it seems that the actual case-study applications for explaining and showcasing the euPOLIS vision/methodology/tools are an approach that is very popular among the expert participants as a means of training.

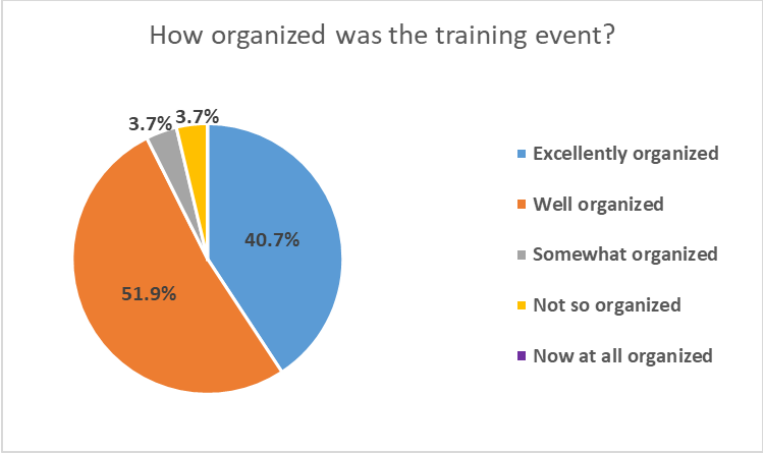
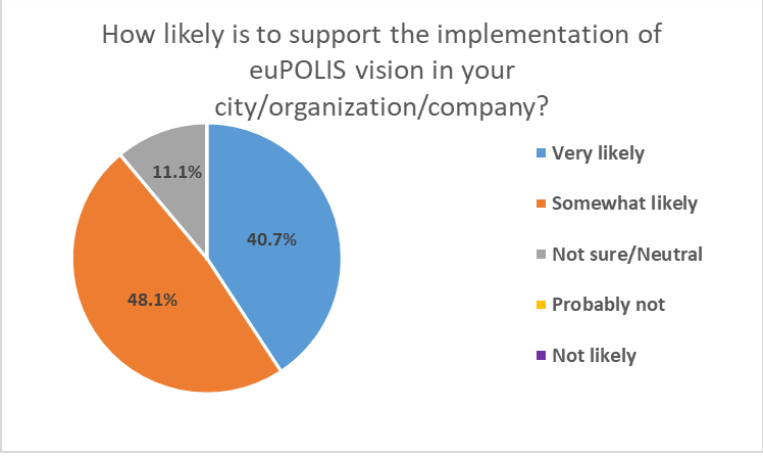
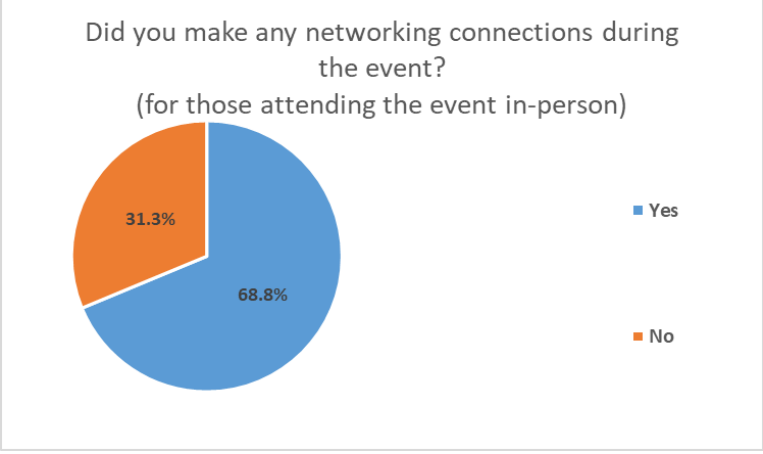
Table 4. Post-processing of the survey responses

Questions	Feedback received from survey respondents																						
Q1	<p data-bbox="596 454 1150 517">Did you attend the training event in person or online?</p>  <table border="1" data-bbox="489 434 1257 887"> <thead> <tr> <th>Attendance Type</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>In-Person</td> <td>59.3%</td> </tr> <tr> <td>Online</td> <td>40.7%</td> </tr> </tbody> </table>	Attendance Type	Percentage	In-Person	59.3%	Online	40.7%																
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Q2	<p data-bbox="671 981 1075 1043">What best describes your field of expertise/occupation?</p>  <table border="1" data-bbox="489 958 1257 1411"> <thead> <tr> <th>Field of Expertise/Occupation</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Urban Planning</td> <td>22.2%</td> </tr> <tr> <td>Other</td> <td>18.5%</td> </tr> <tr> <td>Academia</td> <td>18.5%</td> </tr> <tr> <td>Local / National government</td> <td>11.1%</td> </tr> <tr> <td>Water quality/treatment</td> <td>11.1%</td> </tr> <tr> <td>Architecture</td> <td>11.1%</td> </tr> <tr> <td>NGO / Civil society</td> <td>3.7%</td> </tr> <tr> <td>Environment / Biodiversity</td> <td>3.7%</td> </tr> <tr> <td>EU policy</td> <td>0.0%</td> </tr> <tr> <td>Engineering</td> <td>0.0%</td> </tr> </tbody> </table>	Field of Expertise/Occupation	Percentage	Urban Planning	22.2%	Other	18.5%	Academia	18.5%	Local / National government	11.1%	Water quality/treatment	11.1%	Architecture	11.1%	NGO / Civil society	3.7%	Environment / Biodiversity	3.7%	EU policy	0.0%	Engineering	0.0%
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Q3	<p data-bbox="596 1503 1150 1568">How many years of experience do you have in the previously defined field?</p>  <table border="1" data-bbox="489 1480 1257 1933"> <thead> <tr> <th>Years of Experience</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>less than 5 years</td> <td>14.8%</td> </tr> <tr> <td>more than 5 years but less than 10 years</td> <td>18.5%</td> </tr> <tr> <td>more than 10 years but less than 15 years</td> <td>29.6%</td> </tr> <tr> <td>more than 15 years</td> <td>37.0%</td> </tr> </tbody> </table>	Years of Experience	Percentage	less than 5 years	14.8%	more than 5 years but less than 10 years	18.5%	more than 10 years but less than 15 years	29.6%	more than 15 years	37.0%												
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<p>Q4</p>	<p>Overall, how would you rate this training event?</p>  <table border="1"> <thead> <tr> <th>Rating</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Excellent</td> <td>25.9%</td> </tr> <tr> <td>Very Good</td> <td>51.9%</td> </tr> <tr> <td>Good</td> <td>22.2%</td> </tr> <tr> <td>Fair</td> <td>0%</td> </tr> <tr> <td>Poor</td> <td>0%</td> </tr> </tbody> </table>	Rating	Percentage	Excellent	25.9%	Very Good	51.9%	Good	22.2%	Fair	0%	Poor	0%
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<p>Q5</p>	<p>The objectives of the training event were clearly defined</p>  <table border="1"> <thead> <tr> <th>Agreement Level</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Strongly agree</td> <td>48.1%</td> </tr> <tr> <td>Somewhat agree</td> <td>37.0%</td> </tr> <tr> <td>Neither agree nor disagree</td> <td>7.4%</td> </tr> <tr> <td>Somewhat disagree</td> <td>7.4%</td> </tr> <tr> <td>Strongly disagree</td> <td>0%</td> </tr> </tbody> </table>	Agreement Level	Percentage	Strongly agree	48.1%	Somewhat agree	37.0%	Neither agree nor disagree	7.4%	Somewhat disagree	7.4%	Strongly disagree	0%
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<p>Q7</p>	<p>I enhanced my knowledge on NBS-driven urban development</p>  <table border="1"> <thead> <tr> <th>Response</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Strongly agree</td> <td>44.4%</td> </tr> <tr> <td>Somewhat agree</td> <td>37.0%</td> </tr> <tr> <td>Neither agree nor disagree</td> <td>18.5%</td> </tr> <tr> <td>Somewhat disagree</td> <td>0%</td> </tr> <tr> <td>Strongly disagree</td> <td>0%</td> </tr> </tbody> </table>	Response	Percentage	Strongly agree	44.4%	Somewhat agree	37.0%	Neither agree nor disagree	18.5%	Somewhat disagree	0%	Strongly disagree	0%
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<p>Q10</p>	<p>I see the potential of the euPOLIS approach being implemented in actual urban upscaling projects</p>  <table border="1"> <thead> <tr> <th>Response</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Strongly agree</td> <td>59.3%</td> </tr> <tr> <td>Somewhat agree</td> <td>33.3%</td> </tr> <tr> <td>Neither agree nor disagree</td> <td>3.7%</td> </tr> <tr> <td>Somewhat disagree</td> <td>3.7%</td> </tr> <tr> <td>Strongly disagree</td> <td>0%</td> </tr> </tbody> </table>	Response	Percentage	Strongly agree	59.3%	Somewhat agree	33.3%	Neither agree nor disagree	3.7%	Somewhat disagree	3.7%	Strongly disagree	0%
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<p>Q14</p>	<p>How likely is to support the implementation of euPOLIS vision in your city/organization/company?</p>  <table border="1"> <thead> <tr> <th>Category</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Very likely</td> <td>40.7%</td> </tr> <tr> <td>Somewhat likely</td> <td>48.1%</td> </tr> <tr> <td>Not sure/Neutral</td> <td>11.1%</td> </tr> <tr> <td>Probably not</td> <td>0%</td> </tr> <tr> <td>Not likely</td> <td>0%</td> </tr> </tbody> </table>	Category	Percentage	Very likely	40.7%	Somewhat likely	48.1%	Not sure/Neutral	11.1%	Probably not	0%	Not likely	0%
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<p>Q15</p>	<p>Did you make any networking connections during the event? (for those attending the event in-person)</p>  <table border="1"> <thead> <tr> <th>Category</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Yes</td> <td>68.8%</td> </tr> <tr> <td>No</td> <td>31.3%</td> </tr> </tbody> </table>	Category	Percentage	Yes	68.8%	No	31.3%						
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Q16	<p>Answers received to the following question: What did you like most about this training event?</p> <ul style="list-style-type: none">• People and energy• The multidisciplinary approach of euPOLIS• The case-specific presentations about the Gladsaxe case and the Selection tool comparing different NBS elements• That Bogota is a leading city• The in-person networking and ideas exchanges• NBs are a relatively new methodology, and it was a good initial approach to the subject• Finally met the partners in the project, in live. The biggest impression is the Case Study, well organized and very interesting• Clear and insightful presentations, professional and pleasant speakers• The opportunity to hear about the real-life challenges in implementing such projects• The undersigned appreciated the community's commitment to a possible change• To be recorded for future use• The updated contents• The topics• There were interesting data and information provided• That there was a focus on the professional side. On opportunities and challenges, which enables us to get to grips with each other and develop the euPOLIS project further• Cases, examples• The explanation of concepts• All of the expert's presentations were really interesting
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Q17	<p>Answers received to the following question: What could be improved in similar future training events?</p> <ul style="list-style-type: none">• External guest experts• Learn more about the procedural aspect of the methodology• To have more interaction with the audience, with live questionnaires and similar tools to engage with the participants• I attended but really did think it was a conference. It turned out to be quite interesting• Adding an interactive event, and adding successful examples of NBS urban planning• Communications, there were some images were not clear, the letter too small, too many info by slide. Things like that (form not substance)• Room / lighting made it difficult to see part of the screen• Securing the decision-makers' and out-side-of-project experts' point of view on spot, for the immediate response to addressed challenges• We need to involve the majority of citizens. It must be understood that the topics covered are fundamental for the improvement of human life• More examples from FR cities• Study cases in tropical countries• I think there could be a thorough introduction, because not all people who attended were familiar with the topic. Also, a very simple case study could be presented, through all the procedure / steps, so that it was easy to understand• In general, I think more time should be spent discussing the topics presented. Next time, I would recommend an exercise that activates the participants• Scenarios on stage• More examples in practice
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<p>Q18</p>	<p>Answers received to the following question: For the second training event are there any topics in the NBS urban development domain for which you want to receive training?</p> <ul style="list-style-type: none"> • Successful examples of best practices • Bio-lake, modelling • NBS Science / Research to Policy • I am currently very much into the landscape urbanism • Examples of NBS in real life • Micro solutions that help the Macro solutions • How to overcome the social discrepancy in implementing these innovative urban-planning solutions, the approach to all different stakeholders from citizens to city-makers, build trust and cooperation • Training is never enough. Anyone who participates in this event can better express their thoughts, if they have received the basic information • New materials for improve urban nature-based solutions • Not particularly • As I see it, the areas where we have the biggest challenges are where we need to measure the health and wellbeing of our citizens. I would therefore recommend a workshop that addresses this and includes activities where we can develop together • Urban forms; adaptation community solutions based crossed; equitable conditions of life indicators • In terms of urban green spaces
<p>Q19</p>	<p>Answers received to the following question: Is there anything else that you would like to share about this training event?</p> <ul style="list-style-type: none"> • No (x5) • Thanks for great experts and organization of the event • Everything is important. Mobility, climate, environment, social life, health, etc. • Thank you

3 Conclusions and future plans

This deliverable summarized, in its first version, the actions taken to organize, implement and monitor the outcomes of the first euPOLIS capacity building actions, that were offered as a hybrid training event targeting the experts from the euPOLIS FR and FL cities as well as stakeholders from outside the euPOLIS consortium. The short workshop was carefully designed so as to (a) introduce the invited experts to the euPOLIS vision and urban regeneration methodology, (b) showcase certain euPOLIS tools that have been developed to enable the deployment of the euPOLIS urban planning approach and (c) provide insights on actual case-study applications where the euPOLIS vision and tools were implemented, in an attempt to offer an explicit link between theory and practice.

Four euPOLIS experts from ICL, FCEBG, AMPHI and NTUA provided the training in the first capacity building training event, that took place as a hybrid workshop (in Gladsaxe and online). On account of the number of expert participants (more than 90) as well as the positive feedback received in a post-event survey among the participants, the event achieved its primary **dual goal**, which was to present the euPOLIS vision and to showcase that this could be implemented in actual NBS-driven urban regeneration projects across Europe by means of the euPOLIS developed methods and tools.

The second expert training event is scheduled to take place closer to the completion date of the euPOLIS project. The above timeframe (i.e., a date close to the completion of the construction works undertaken at the demonstration sites) serves well as a suggestion that was made by the survey respondents for including more actual case studies from the euPOLIS pilot sites, to consequently offer concrete evidence on the role of NBS to the sustainable development of contemporary cities. RG and CDP in close collaboration with the other participants of Task 8.4, will also consider the following aspects for the second training event: (a) increase the duration of the second training workshop to accommodate a site visit in one of the regenerated sites as part of the training (this also serves the scope of increasing the learning potential); (b) intensify the efforts for engaging more trainees from the global or local government sector; (c) include presentations for strong practical applications from the euPOLIS pilot sites to allow the trainees to clearly appreciate how NBS-driven urban planning could be materialized within the euPOLIS methodological framework. It is also strongly recommended, similarly to the first expert training event, the second capacity building to be recorded and the video to be uploaded to the euPOLIS Project YouTube channel. The trainees may also consider the possibility of offering to the trainers, parts of their presentations or other relevant euPOLIS educational material in an electronic format.